



Workshop Proposal: The Embodied Experience of Drawing
Instructors: Chloe Briggs and Véronique Devoldère

Title: Drawing My Body / My Body Drawing

We propose a three-hour drawing workshop that works in three stages. 1. Participants are invited to lie on the floor covered in sheets of paper, with eyes closed and drawing materials in both hands they respond to a series of musical scores. 2. Participants are directed to work kneeling, then crouched and then standing, slowly opening their eyes; they continue to draw from the selected playlist of sounds that become increasingly dynamic. 3. The sheets of paper on the floor (now covered in drawing) are separated and participants select a series of nine. The final stage is completed from a standing position, with eyes open. The nine sheets are to become one work, e.g.: a large scale drawing, a book, a series of small works.

The aim of the workshop is to immerse participants in a sensory exploration of drawing - touching both the confines and limits of their physical space. In the first reclining, 'blind', physical place participants are encouraged to work from their interior world. When they finally stand, they are made aware of a conscious position where their body is in full control.

The questions that we hope to raise about an embodied experience of drawing are: How much of your body do you use when drawing? What is your particular mind-body dynamic when making a drawing image? What qualities in drawing differ between a 'blind', 'felt' mark and a consciously directed line? How does sound affect the senses particularly when drawing?