

## COVID-19 December 10<sup>th</sup> update

by Linda Jarvin, President of PCA

Dear Members of the PCA Community,

The French Prime Minister spoke tonight to announce changes to the current restrictions in place, and here are the highlights to help you plan your daily lives:

- The requirement to complete a certificate every time you leave home will be lifted on **December 15th**, and replaced by a **curfew** between **8 pm** and **6 am**.  
Exceptionally the curfew will **not be enforced on December 24th**, but it will be **in place the night of December 31st**. Outside of the curfew, you are authorized to travel freely, **without limits on distances**. If you are planning to leave France, you should look into the requirements in the country you wish to travel to.
- Unfortunately, the infection rates will **not allow movie theaters, theaters, museums and other public spaces to open** for another three weeks.

We recommend that you download the *TousAntiCovid* app if you have not already done so. There is an English language version and you can use it to find testing locations and to track infection rates. You should also continue to practice good habits such as frequent hand washing and regular ventilation of indoor spaces. If you experience any symptoms of illness stay at home, isolate, and contact your medical provider.

Stay well,

Linda Jarvin