



## **SUMMER PROGRAM 2024**

**Course title:** Creative Flow

**Meeting Times and Days:** June 17-June 28, 2023 / Monday – Friday, 9am-5pm

**Instructor:** Esther Sherrow

**Contact Information:** esthers.69@gmail.com

**Room:** TBD

### **COURSE DESCRIPTION**

White canvas syndrome, blank page syndrome, not knowing what to make next... whether new to art making or having toiled for years, creative flow can block. One can get stuck and have ideas that aren't helping them. This course will shake us up, open us up. Day in the life of an artist. The world is your studio. Creative flow cometh.

We will use predominantly visual arts activities, as well as other creative activities such as journaling, movement, sound, etc. The visual arts will include drawing from life and cityscape, land art, collage, writing as exploration, which will be conducted with Paris as our studio. We will visit places (such as the abandoned railroad La Petite Ceinture, Pere La Chaise Cemetery, La Foret Meudon...) in varying arrondissements, forest, and nearby suburbs. We will bring a minimum amount of supplies on our back (ie., paper, tape, cutter, colors, graphite) in order to absorb and create. Crucially we will explore/expand our creative mindset through meditation, observation, pause, reflection, discussion, expression, listening... We will learn to respect/hear/access our inner creative guide, developing our creative sensibility and inspiration.

### **LEARNING OUTCOMES**

You will learn to respect your personal creative rhythm. This course will expand your abilities to access your personal creative drive. You will develop fluidity and self respect in creative terms that will be a resource for the rest of your life. You will learn to work from inspiration and to nurture that inspiration.

Aside from drawing from life and surroundings, exploring land art, collage, writing as exploration, creating where one is, the true learning outcome will be opening up your creative valves. Using the world around you to create, not just physically but through inspiration, translation, and observation.

### **ASSESSMENT**

Students will be assessed on the following criteria:

Students will be graded on their participation, presence and willingness to engage and expand. In general the tools you will be exposed to may flourish at later dates which is why you will be assessed predominantly on in class presence.

Participation 70% Journal/sketchbook 15% Art 15%



## **COURSE REQUIREMENTS**

This course is open to anyone who wants to enlarge their creative flow. Everyone. Whether brand new to art making or tried and true artist, not only would this course be creatively expansive, but also it will be fun, lots of fun, and challenging.

## **ATTENDANCE**

Students are expected to fully participate in every session to be sure not to miss important information, which will lead to the successful completion of the course. Substantial absences are factored into grades. Please note the following:

- 2 late arrivals (more than 15 minutes) or early departures = one full absence
- 2 absences = excessive absence for a course that meets once per week
- 3 absences are grounds for failure in the course

## **MATERIALS AND SUPPLIES**

### **Your backpack should contain:**

Sketchbook/journal (approx size A4 160gram)  
Small pocket-sized sketch-notebook  
Your preferred drawing pens (ie, felt, bic, micron, roller)  
Pencils 2H, HB, 2B, 4 B  
Scotch Tape, glue stick  
Cutter (or scissors)  
Brushes  
Eraser  
Small water colors  
Tissues  
Water bottle  
Snacks

### **At home you should/could have:**

Larger paper (lightweight for sketches, heavy for longer works)  
Charcoal  
Fixative  
Ink  
Paints  
Surface for working (plank of wood)  
Cardboard rolling tube for packing drawings



## SCHOOL POLICIES

1. Plagiarism is a serious offense and will not be tolerated. All research, text, and image sources must be cited using Chicago (Turabian) style. See your instructor or the Student Handbook if you are unclear about what constitutes plagiarism.
2. You are required to attend and participate in class critiques and other presentations. Be respectful of your fellow classmates.
3. No phones, devices for listening to music, or other electronics are allowed in class, unless otherwise specified by the instructor.
4. No emailing, web surfing, or instant messaging, etc. is allowed during class time, unless otherwise specified by the instructor.
5. Classrooms are community space. Please leave them clean and tidy.
6. All *Paris College of Art* buildings are NON- SMOKING, including balconies and the courtyard. You must go outside in the street to smoke. Students found smoking on PCA premises will be fined.

## COURSE SCHEDULE

Please note that this outline is subject to modification.

### **June 17 Monday**

**Orientation at School. Nature and expectation of the class. Meeting each other.**

**Metro Card Organisation**

**Rougier & Plé Filles du Calvaire**

**Material exploration in studio.**

### **June 18 Tuesday Paris 5**

**Les Arenes: Movement, self and other as model**

**Jardin des Plantes. Drawing from plants, patterns, repetition, fractals, design, botany**

**La Grande Mosque salon du thé. Mosaics**

### **June 19 Wednesday Paris 3**

**In studio: Ink and brou de noix morning**

**Musée de la Chasse et Nature, museum visit**

### **June 20 Thursday Paris 10**

**In studio: Playing with Clay**

**Canal St Martin: sketch, meditation. Bridges, flow, nature in the city.**

### **June 21 Friday Paris 14**

**38 bus Sketching in transit**

**La Petite Ceinture: Graffiti and Nature**

**Parc Montsouris: Trees as metaphor. Abstraction as realism as abstraction.**

**drawing, collaging, constructing, filming**



**June 24 Monday St Cloud**

**Parc St Cloud. Observing, being present, exploration, inspiration, meditation, drawing, journaling.**

**72 bus back into town Sketching on bus**

**June 25 Tuesday**

**Model Session**

**Film Andy Goldsworthy- land art artist**

**June 26 Wednesday Forêt Meudon**

**Full day Forêt Meudon. Shirin Yoku (forest bathing), Land Art, sketches**

**June 27 Thursday Paris 20**

**In studio**

**Cimetiere Pere Lachaise**

**June 28 Friday**

**In class review**

**Final exhibition of Sketchbooks and Personal Work**